

# Child Care Aware of NH

## Mini-Conference Descriptions

2024-2025

### On-Site Support for Child Care Programs

Child Care Aware of NH, Child Care Resource and Referral Program of Community Action Partnership Hillsborough and Rockingham Counties, is excited to offer no cost, on-site mini-conferences! Choose up to four engaging topics from our curated list and enjoy dynamic, interactive workshops at your program's location.

#### **Infant Toddler Tips and Tricks**

This training offers tips to help infant/toddler teachers maintain self-regulation (stay calm) and support children in developing their own self-regulation skills.

*Core Knowledge Area: Promoting Child Growth & Development*

#### **Creative Play: Unleashing Imagination with Loose Parts**

Delve into the world of loose parts! Learn how natural and recycled materials spark curiosity, collaboration, and creativity, promoting problem-solving and imaginative play. Discover tips for setting up safe, inviting loose parts play areas indoors and out.

*Core Knowledge Area: Teaching & Learning*

#### **Play Schemas**

In this training, explore play schemas—what they are, why they matter, and common types that emerge in early childhood. Reflect on your own play patterns from childhood and share experiences with fellow participants.

*Core Knowledge Area: Teaching & Learning*



## **Universal Design for Learning: A Framework for Early Learning Success**

In this session, explore Universal Design for Learning (UDL) and its goal of removing barriers so all children can access, engage with, and demonstrate learning in ways that suit their strengths and abilities.

*Core Knowledge Area: Promoting Child Growth & Development*

### **Lose Control/Letting Go**

This workshop invites open conversations about allowing more child autonomy by letting go of control in daily routines. Teachers may experience greater peace and ease, while children gain independence and guide their own development. We'll explore scenarios through a lens of control versus flow.

*Core Knowledge Area: Developing as A Professional*

### **Choose Love Implementation – Choose Love is for Everyone!**

Learn how Choosing Love for yourself connects to sharing the Choose Love program with the children and families you work with. Activities, books, and Choose Love lessons will be shared to help you begin your Choose Love journey.

*Core Knowledge Area: Teaching & Learning*

### **Early Learning Standards**

Discover how the NH Early Learning Standards (ELS) can enhance your work with children by supporting environment design, activity planning, intentional conversations, and observation evaluation. Join us to explore how the NH ELS can be a valuable resource for your program!

*Core Knowledge Area: Promoting Child Growth & Development*

### **Career Mapping in the Early Childhood Field**

Lost on the path to achieving your career goals? Join us to create your roadmap to success! Discover how the DOL Early Childhood Apprenticeship Program and T.E.A.C.H. Scholarship can help you reach your goals. Directors will also learn strategies to support staff in advancing their careers while building a stronger early childhood workforce.

*Core Knowledge Area: Promoting Child Growth & Development*



## **Encouraging Intentional Indoor and Outdoor Movement During Play for All Ages**

Join us to explore movement-based programs like Mindful Movements, Havening, Brain Gym, Yoga, Tapping, and Integrated Movements. Perfect for transitions, circle time, or anytime kids and teachers need to move, you'll experience these techniques firsthand!

*Core Knowledge Area: Promoting Child Growth & Development*

## **Playful Learning: Nurturing Young Minds in Math and Science**

Centering on purposeful engagement, using the environment as the third teacher, and fostering active exploration, this workshop is dedicated to teaching math and science concepts in the early childhood classroom through hands-on play.

*Core Knowledge Area: Promoting Child Growth & Development*

## **R.E.A.C.T: Response Action Drills - Emergency Preparedness Training (Respond, Execute, Apply, Communicate, Train)**

This session guides programs in implementing response actions and drills to prepare for, respond to, and recover from emergencies or disasters. We'll also discuss potential scenarios child care centers may face.

*Core Knowledge Area: Promoting Child Growth & Development*

## **Guiding Respectful Communication in the Classroom**

Delve into the causes of challenging communication and explore effective techniques through interactive activities and discussions to foster respectful dialogue and enhance interactions with children.

*Core Knowledge Area: Developing as A Professional*

## **Credential Guidance**

This training will provide all the information needed to apply for a credential within the NH Early Childhood Professional Development System. We will review the application and all of the parts stated on the credentialing checklist such as professional development plans, PAU's, etc.

*Core Knowledge Area: Developing as A Professional*



### **Trauma-Informed Awareness & H.O.P.E**

Join us as we discuss what "trauma" can look like and how we can create Early Childhood Environments to assist young children (and adults) feel safe and supported. With support in place, children can come into the space where learning can happen. We will also talk about H.O.P.E. - Healthy Outcomes from Positive Experiences.

*Core Knowledge Area: Developing as A Professional*

### **Nature-Based Play**

Explore the many benefits of outdoor play and nature-based activities! Discover how nature fosters creativity, problem-solving, physical development, and a love for movement while reducing stress and promoting mindfulness for both children and adults.

*Core Knowledge Area: Promoting Child Growth & Development*

### **Connection & Presence: The Behavior Game Changers**

Letting go of agendas strengthens our connection with children, helping meet their needs and improving behavior. Join us to explore 5 key practices that support children's growth and development – you might already be using some!

*Core Knowledge Area: Developing as A Professional*

### **Let's Play: Exploring Vroom and Early Learning Standards (ELS) with Infants & Toddlers/Preschool**

This session combines the [NH Early Learning Standards](#) and [Vroom](#) to offer practical tips for meaningful family engagement. Learn to have purposeful conversations about child development and turn everyday moments into brain-building opportunities for children birth to five.

*Core Knowledge Area: Promoting Child Growth & Development*



## **Strengthening Your Practice: Tailored Support for Early Childhood Educators**

Looking for tailored support to enhance your teaching? Child Care Aware of NH provides personalized guidance on classroom management, child development, and inclusive practices, helping you foster engaging, developmentally appropriate environments that support growth for both educators and children.

*Core Knowledge Area: Developing as A Professional*

### **Child-Directed Play (Preschool)**

Child-directed learning empowers children to explore topics meaningful to them, fostering a state of flow and aligning with their developmental stage. Join us to explore how programs can shift to child-directed learning and play!

*Core Knowledge Area: Promoting Child Growth & Development*

### **Interactive Reading Adventure: Igniting a Love for Books**

Learn the best ways to engage children with books! This session covers selecting quality literature, captivating young readers, and the benefits of reading together.

*Core Knowledge Area: Teaching & Learning*



For more details or to schedule a mini conference at your program, contact Program Manager Dee Dee Thurber at [DThurber@caphr.org](mailto:DThurber@caphr.org).

