

Community Action Partnership Hillsborough and Rockingham Counties (CAPHR)

RSVP Bone Builders Class List

**To learn more about the Bone Builders Program: call our office at (603) 634-1169, (603) 598-9421
or visit our website at www.caphr.org**

Town	Location	Day and Time
Bedford	Connect 55+ - 43 Technology Drive	Tuesday & Thursday @ 10am
Francesstown	Francesstown Town Hall – 2 Boston Road	Wednesday & Friday @ 9:30am
Goffstown	Goffstown Parks & Recreation – 155 South Mast Road	Monday & Wednesday @ 9:30am
Hancock	Hancock Town Library – 25 Main Street	Tuesday @ 9am
Hudson	Hudson Senior Center – 19 Kimball Road	Monday @ 8:15am & Thursday @ 2:30pm
Manchester	Cashin Senior Activity Center - 151 Douglas Street	Monday @ 9am
Manchester	Derryfield Village – 628 Hanover Street	Monday & Thursday @ 10am
Milford	Milford Mills – 40 Bridge Street	Tuesday & Thursday @ 9:30am
Nashua	AHEPA 35 Manor – 681 W. Hollis Street	Monday & Friday @ 1pm
Nashua	Coliseum Senior Residence – 7 Coliseum Avenue	Tuesday & Thursday @ 10am
Nashua	Davidson Landing II – 145 Ledge Street	Tuesday & Thursday @ 10am
Nashua	Gatewood Manor – 27 Will Street	Monday & Wednesday @ 10am
Nashua	Nashua Senior Center – 70 Temple Street	Monday & Thursday @ 1:30pm
Nashua	Pratt Homes – 583 W. Hollis Street	Tuesday & Thursday @ 1pm
Nashua	Streeter Shores – 76 Temple Street	Tuesday & Friday @ 10am
Nashua	Wagner Court – 101 Burke Street	Monday & Wednesday @ 2pm
Pelham	Pelham-Hobbs Community Center – 8 Nashua Road	Monday, Tuesday, Wednesday & Thursday @ 9am Monday & Wednesday @ 11:15am
Peterborough	Peterborough Congregational Church-33 Concord Street	Wednesday & Friday @ 7:45am